

OFF-ROAD RIDER

The official publication of the Minnesota Off-Road Cyclists

FALL 2002

The MORC MISSION:

The Minnesota Off-Road Cyclists (MORC) is a non-profit volunteer organization dedicated to safeguarding the future of mountain biking in Minnesota through the promotion of responsible mountain biking, the establishment and maintenance of mountain biking trails, and the preservation of Minnesota's natural resources.

Next Board Meeting

Tuesday, Dec 10th at
7:00 p.m. at REI
Bloomington

Where Did Your Membership dollars go in 2002?

Trail Construction	28.6%
Newsletter	16.1%
Socks & Shirts	15.6%
MNMTB Web Site	10.0%
Tools & Equip	9.5%
24 Hours of Afton	8.3%
Annual Meeting	8.2%
Other	3.7%
Total	100.0%

Year 2002 Recap

Hi all. Dale Gundberg here. As I write this, I just finished a mountain bike ride earlier today, the day before Halloween. The temps were in the mid 30's and dropping, the sky was gray and spitting bits of wetness and little white flakes, and the wind was blowing - in short, another perfect day for mountain biking. In this, my last article as MORC's outgoing President, I'm going to recap some of the organization's accomplishments for this past year.

Personally, my mountain bike season started in April, when REI hosted the International IMBA Advocacy Summit in Moab, UT and I snagged one of the 3 spots allocated to Minnesota mountain bike advocates. If you remember how cold and miserable it was in MN last April (some Ironman riders wore snowmobile suits) you can appreciate how excited I must have been to travel to the 70 to 80 degree temps of the mountain bike Mecca which is Moab. This coincidentally, was also the temporary end of my mountain bike season. You see, on the first full day of the Summit, after the working session, all 175 of us set out to ride the infamous Slick Rock Trail. 173 finished mostly intact. Poor victim #1 took a wrong turn 100 feet into trail and got a free ride to the hospital. I was victim #2 after an endo off a rock ledge. As I regained consciousness, I remembered that the ride coordinator had warned us about the \$15,000 cost of an EMT helicopter rescue out on the trail, so with a sprained right wrist, broken left wrist, 2 or 3 broken ribs, and a helmet with one side flattened, I sucked it up and rode the last 3 miles out, and then the 5 miles down the mountain back to town. I'll bet that you didn't know that you get a free t-shirt from the emergency room at Allen Memorial Hospital in Moab, or that I was the 8th mountain biker admitted to the ER that day? After returning to the Summit looking like I'd just come from a going-out-of-business sale at the local medical supplies store, I put riding on hold for a while. I thought of it as a good time to plan for all the new trails MORC would be building when I got back. On a more positive note, the Summit was a great opportunity to meet with and to learn from the successes and failures of the many other bike clubs across the nation. Much of what was learned will help MORC take its level of professionalism and advocacy to the next level in the coming years. And, I got to meet a lot of new people, several of whom were generous enough to tie my shoes for me each morning . . .

On to our accomplishments.

Bylaws - The MORC Board adopted a brand new set of bylaws that set the organization on a steady course for future growth and organizational strength. Thanks to Steve Garnjobst for his efforts.

In July, MORC applied for and was one of 6 successful applicants for a \$500 IMBA-Clif Bar Trail Grant. The grant is to be used to develop and provide interpretive signage for a beginner-level trail at Lebanon Hills Regional Park in Eagan. The purpose of the signage is to teach riders about sustainable trail construction and low-impact riding.

1st Annual Members Meeting at Buck Hill - In August, MORC members enjoyed Pizza, Beer, Riding, and Board Elections - Not necessarily in that order, but a good time was had by all.

Battle Creek - Trails were rerouted, restored, improved, and signed, thanks to a dedicated group of local volunteers. Good work!

Minnesota River Trail - Many meetings with Bloomington and US Fish and Wildlife officials have resulted in a firming up of our position as a valid trail user.

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24 Hours of Afton puts \$5500 in MORC Checkbook

The 9th annual 24 Hours of Afton Mountain Bike Race began at 5 pm on August 23rd and continued non-stop for 24 hours. 47 teams of 4 riders, plus 35 individual riders, attacked the 7.25-mile, mostly singletrack course in hot humid weather and rode a total of more than 9,500 miles throughout the event's duration.

MORC is the benefiting charity for the 24 Hours of Afton, in return for help staffing the event. "We had a lot of help from MORC members," said Gary Sjoquist, MORC's 24 Hours of Afton Coordinator. "I'd like to especially thank Steve Garnjobst and James Ford, who pulled extra duty through the wee hours. I'd also like to thank 24 Hours of Afton Race Director Joe Funk, who presented MORC with \$5500 check after the race for our efforts."

Winning the All Men category with 35 laps was the Nature Valley/Penn Cycle team of Dan Swenson, Doug Swenson, Jesse Rients, and Paul Hanson. The All Women category was won by the Ladies First team of Nicole Eikenberry, Jill Plumb-Smith, Alaya Sexton, and Amy Jo Johnson.

Individual category winners were Liz Malanaphy with 10 laps and Dan Luebke with 19 laps. Nearly \$3,000 in prizes were raffled off after the event to weary riders, including a sweet Fuji Cyclo Cross bicycle, and a Marzocchi suspension fork. Special thanks to both Fuji and Marzocchi who are new sponsors for the 24 Hours of Afton event.

MORC will again be the benefiting charity for the 2004 event, which is tentatively scheduled to take place Aug. 22/23. "This is the perfect fund-raiser for MORC," said Gary Sjoquist. "MORC has no financial risk, and our effort is consolidated into a brief two-day commitment at a cool event. We're very grateful for the opportunity to help with the 24 Hour of Afton event, and every MORC member should realize the value of this event to relative to what MORC is accomplishing. Make plans now to help at next year's event if you can."

The Habaneros Cycle Club, in conjunction with Carbon Creative, Park Tool Co., Breadsmith, Hoigaards, PUR, Fuji Bicycles, and Quality Bicycle Products, hosts the 24 Hours of Afton.

Spring Cup at Buck-MORC to Team With Erik's Bike Shop

MORC has entered into an agreement with major Twin Cities' bicycle retailer Erik's Bike Shop to conduct Erik's Spring Cup at Buck Hill on Saturday, May 10th, 2003

Held for nearly a decade, Erik's Spring Cup is traditionally the first mountain bike race in the Twin Cities and is a big draw. "Last year, it rained and was maybe 40 degrees, and still something like 530 racers showed up," said MORC board member Gary Sjoquist. "It was one of the biggest races ever - it's that time of the year when people are really anxious to get out and race."

The 2003 event will be run basically the same as last year's event. "We don't want to change what has traditionally been a well-run event," said Sjoquist. "MORC's involvement will be greater, but we want to provide the same high quality race as Erik's has done in the past."

MORC members will have the opportunity to get involved in running the event. Sjoquist is spearheading the MORC effort through the negotiation stages, but is looking for a race coordinator to run the event. "We basically need someone to oversee the various tasks that need to be done before the event, and then be the ground control manager on race day."

Erik's Bike Shop owner Erik Saltvold approached MORC about taking over the event. "We want the event to happen because we support local mountain bike racing," said Saltvold. "We'll provide some staff help, and will coordinate publicity, prizes, etc., but we thought it would be a good opportunity for MORC."

With MORC already committed to the 24 Hours of Afton, the Board of Directors thought carefully about committing to run the Spring Cup at Buck event. "This is different than the 24 Hours of Afton event," said Sjoquist. "This is more of a membership building opportunity, and a way to connect with a larger group of metro-area racers during a period when interest in trails is very high. It actually compliments the 24 Hour event; one is the spring and the other comes near the end of the season."

If you're interested in helping with the Erik's Spring Cup event, or know of someone who would be a candidate for a Race Coordinator, please contact Gary Sjoquist at (952) 941-9391, ext 288 or garys@qbp.com.

Boreal Bike Club-Minneapolis, MN

Boreal Bike Club (BBC) had a great season this year. The club participated in several events throughout the year :

- Pedros Fest in Levis Trow Mounds Park in June
- The REI/MORC trail day at Lebanon Hills
- Several bikers raced MNSCS and WORS races throughout the summer
- In July members participated in RAGBRAI (a 500 mile ride across Iowa)
- A team party where free REI stuff was given away
- In August several members participated in the Murphy Mtn. Bike Sprint series that was sponsored by REI.

In addition Monday night continues to be our Mountain Bike night (alternating between Battle Creek, Lebanon Hills, Terance Oaks, Murphy and the River Bottoms) and Wednesday night is road bike night meeting at Minnehaha Park. All levels of riders are welcome. This winter we will continue training for next season by holding spin classes at REI (you provide a trainer) on Sunday nights starting in January.

The BBC is both a recreational and a racing club for both mountain and road bikers. You can check out all past and future events on our website, www.borealbike.com.

Battle Creek Regional Park Update

MORC's ongoing partnership with Ramsey County Parks & Recreation to maintain and enhance the mountain bike trails at Battle Creek Regional Park continues to be strong and positive. Here's a summary of major projects and activities for 2002.

- We started off the year by leading a crew at the 9th Annual Battle Creek Earth Day Cleanup on April 19th. This event attracted 143 volunteers, who did an excellent job of clearing the park of debris. The MORC crew concentrated on cleaning up and clearing the singletrack trails.
- As a sign of Ramsey County's growing confidence in MORC, we finally received permission this year to use power equipment for trail construction and maintenance. This has enabled MORC's trail crew to get a lot more work done with limited volunteer resources.
- The largest single project for 2002 was construction of a new singletrack trail along the western edge of the park. This trail was part of a larger effort by Ramsey County Parks to reduce harmful hiking traffic along fragile sandstone bluffs and to construct stairs in place of steep, badly eroded trails. Rather than force riders to use the stairs, MORC constructed a lovely new 1/3 mile bench-cut alternate trail through heavily wooded terrain. Using the Toro Dingo, we were able to build sustainable, 100% bench-cut trail on severe side slopes in a small fraction of the time it would have taken using only hand tools.
- The other major project during 2002 was construction of a landscape timber retaining wall for the switchback off Pt. Douglas road. The sturdy construction of this retaining wall has resulted in a far more sustainable switchback, built to IMBA guidelines, which should last for many years with minimal maintenance.
- We re-opened a challenging climb through pine forest in the southeastern corner of the park. This trail was closed last year at the request of park management, when an adjacent ski trail was opened. Due to emerging erosion problems on the new ski trail, park management agreed to let MORC re-open this interesting trail.
- For the first time, we used brush mowers to keep grass & weeds in check along some troublesome trail sections that in the past had become impassable by late summer.
- In previous years, we scheduled trail work sessions at Battle Creek on an ad-hoc basis. For 2002, we scheduled weekly Wednesday evening trail work sessions. Attendance was a bit spotty, due to bad weather on several Wednesdays, but we'll likely use a similar scheduling format for 2003.
- Rider/hiker conflict, previously a significant issue at the Battle Creek, appears to have been mostly eliminated. We attribute this turnaround to a combination of improved trail design, signage and ongoing rider education.

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Indian Mounds Park Update

Singletrack overlooking downtown St. Paul? Yes! This spring, Steve Garnjobst and I met with the St. Paul Parks and Recreation Department to discuss the possibility of opening some beautiful singletrack in Indian Mounds Park. At the meeting we heard very positive support for the idea and they are very interested in letting us proceed.

For those of you not familiar with St. Paul, Indian Mounds is on top of the bluff on the north bank of the Mississippi overlooking the downtown airport. If you look for the beacon for the airport, the whole hillside east of there is part of the park. It is connected to both downtown and Battle Creek park by a paved trail.

The park has the capacity for about 5-6 miles of tight side hill singletrack going from the top of the bluff to the bottom and back. Included in our rough trail layout are 2 spectacular lookout points offering beautiful views of our capital city and the mighty Mississippi.

We are at the point in the process where we are finalizing our proposal for presentation to the Parks Board, the Indian Affairs committee, and the Local Residents groups which have a lot of power in St. Paul Politics. At this time, it looks like next spring and summer will be the most likely time when approval might be given and work would begin.

If you would like to help out with moving this project forward, or live in the area and can provide a local voice for the project, please contact me jafordmtb@attbi.com.

James Ford

MN River Trail Update

First off the conditions are excellent right now. The fall riding on the Rivertrail is so nice because all the ITCH WEED and the mosquito's are gone (darn!). We only have a few weeks left until the raft will get pulled out for the winter. Once the creek starts freezing on a daily basis you can expect to see a notice about needing people to pull the raft out because it's no lightweight. We, of course, will try to find an alternative to cross the creek but that always depends what Old Man River leaves for us to use for a bridge or something.

I've noticed a few months ago that some people have been building jumps on the trail by and on the Isaac Walton league's property; this is a big no-no. We have a working relationship with the Isaac Walton league to oppose a paved trail and help repair the trail on their property. Some very helpful volunteers have put in some wooden bridges in a few spots that should help. There is always something to do when riding, put another log on a log jump, pickup trash, block off a cut trough trail on a turn and generally try to keep the trail in good shape. I would encourage riders to do what you can; we can use a good reputation.

I will have some other River Trail news coming in the not too distant future that may include some new and authorized trail re-routing / building. I'll keep you posted. Until then keep trying to increase our membership in MORC.

Dennis Porter

TCBC (Twin Cities Bicycle Club)

Our Fall Sunday afternoon off-road series of rides was certainly a change from last year. Last year we had perfect Fall weather and a good turn out for each ride. This year the weather has been poor and turn out poor also. One bright spot was our annual Fall Jerry Loomis Mountain Bike Adventure Weekend near Cable Wisconsin. The weather was good and we had 24 people attend for 3 great days of riding.

For future rides, see our ride schedule at biketcbc.org or contact Bob Bryan at bobbkr@aol.com.

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In addition, Monday night continues to be our Mountain Bike night (alternating between Battle Creek, Lebannon Hills, Terance Oaks, Murphy and the River Bottoms) and Wednesday night is road bike night meeting at Minnehaha Park. All levels of riders are welcome. This winter we will continue training for next season by holding spin classes at REI (you provide a trainer) on Sunday nights starting in January.

The BBC is both a recreational and a racing club for both mountain and road bikers. You can check out all past and future events on our website, www.borealbike.com.

Mountain Bike Adventures with Trips For Kids-Twin Cities

Have you ever thought of taking youth and volunteers on an extended camping and mountain biking trip? TFK – Twin Cities took five kids and three volunteers for some heart-pounding, stomach-churning, exhilarating kind of mountain biking on the Maah Dah Hey trail in North Dakota this summer. The trail is 100 miles of America's longest continuous single-track with rugged terrain, breathtaking views, close encounters with wildlife, a.k.a. rattlesnakes, and enough adrenaline rushes to keep you on a continuous high for days!

TFK – Twin Cities worked with a summer school group in St. Paul for six weeks leading up to the trip. Each week they provided a biking related activity ranging from a slide show about Rick and Tanya's bike trip around the world, to bike maintenance workshops and rides in and around the Twin Cities. MORC volunteers, the Sibley Bike Depot and Quality Bicycle Products provided additional support for the trip.

Although there was plenty of preparation, nothing really could have prepared them for the extreme conditions of North Dakota in late July. Horizontal hail, high winds and heat were a few of the extremes. The 600-mile drive in a school bus was no easy ride either. The group camped out 6 nights in primitive campgrounds and had Tanya and Sampson (the founder's 1½ year old) as a support team – carrying all the camping gear and provisions for the trip. "Five-days of mud and cow pies," made Christian's job as the volunteer mechanic all so important. Steve, a volunteer with the National Mountain Bike Patrol, provided the ride leadership and safety on the trail.

With all things considered, the trip was a great success! TFK – Twin Cities covered approximately 40 miles of the 100-mile trail. "That means we have 60 more miles to bike next time," Rick says. Rick is currently planning some exciting trips for TFK next summer and strongly believes in the founding vision of TFK, that all kids should have access to biking, and in his words, "experience their world from the seat of a bike – a Two Wheel View."

For more information about Trips for Kids – Twin Cities visit www.twowheelview.org or contact Rick McFerrin at rick.mcferrin@twowheelview.org.

National Public Lands Day-Harley Park

For National Public Lands Day we organized a workday on the Hartley Park singletrack in Duluth. 18 volunteers from COGGS, UMD Bike Club and the Hartley Nature Center built 175' of 18" wide board- walk over 3 swampy areas of the trail. COGGS and the City of Duluth donated money to buy the materials. More info and pictures can be found at www.angelfire.com/wy/mtnbykr/hartley/092802/index.html . There will be more projects in the future in Duluth City parks, including more boardwalks, trail reroutes and hopefully, new singletrack.

Kurt and Dawn Lange

(Continued from page 3) **Battle Creek Regional Park Update**

- Battle Creek has become one of the most popular mountain biking destinations in the Twin Cities, with trail usage growing significantly over the past 3 years. For 2003, much of MORC's efforts at Battle Creek will be focused on minimizing the impact of numerous trail users and mitigating the wear & tear we are seeing on some trail segments.

I'd like to offer special thanks to Jeff Schalz, Jeff Leif, James Ford and Don Youngdahl for leading trail work sessions and/or taking responsibility for maintenance of designated trails at Battle Creek.

Steve Garnjobst
On behalf of MORC's Battle Creek Trail Crew

Theodore Wirth Park Update

Late last year the city of Minneapolis was lucky enough to elect for itself a mayor who happens to be an avid mountain biker. Mayor Ryback's interest in official, legal, mountain bike trails in the city of Minneapolis found its way to the ears of an avid group of cyclist out of the Kenwood shop and MOCA was Born! Minneapolis Off-road Cycling Advocates are a small group of avid mountain bikers working to put together a proposal to present to the Minneapolis Parks Board with the short term goal of legal riding in Theo Wirth Park. Our long term plan is to have legal singletrack from Theo Wirth to Minnehaha Falls!

At this time, GPS mapping of all trails in the Cedar Lake, Brownie Lake, Theo Wirth Park area has been completed and a proposed single loop planned. We are putting the finishing touches on the written proposal to be presented and are contacting the commissioners, park boards, and interested parties with our proposal. We are going to try and use this opportunity to have IMBA make the Twin Cities a Hot Spot next year. This could provide us with a 2 week trail education and building event in the cities put on by IMBA and lots of positive exposure for Mountain Biking in the cities.

If you live in the city of Minneapolis or would like to help with the development of this incredible singletrack opportunity, please contact the MOCA members (mirtmb@hotmail.com). We are looking for people with contacts in the local bike industry, Minneapolis residents who's Votes are worth something to the people in charge, or anybody who would like to help officially recognize some of the best technical singletrack in the area.

Keep an eye on the MORC website for more info on meetings and a link to our website where information will be available.

James Ford

TCAAP (Twin Cities Arms and Arsenal Plan) Update

Planning is still moving forward for the Minnesota National Guard to make TCAAP (Twin City Arms and Arsenal Plan) in Arden Hills available for public use. MORC has submitted a proposal for mountain bike trails, and MORC's National Guard contacts are enthusiastic about the prospects of building these trails. Two National Guard planning documents are due to be finalized soon, which should set in motion more detailed planning, accompanied by the public input process necessary to finalize any specific plans.

You may see items in the media regarding the Rice Creek corridor and development of portions of TCAAP land, but these issues do not affect our plans. In a nutshell, plans are for the National Guard to get the largest parcel, Ramsey County to get about 113 acres for open spaces in the Rice Creek corridor, Arden Hills to get some land for development, with some land remaining under U.S. Army control for armaments manufacture. No mountain bike trails are envisioned for anywhere but the National Guard parcel, and the size of the National Guard parcel is pretty well set.

If you're interested in being on the MORC development team when it is time to move forward on this project, please contact me at dmy@visi.com Although the National Guard is very friendly to mountain biking, it is likely that we will have to rally public support for the project later on in the planning stage. Please watch the MORC web site and newsletters for further word on this exciting project.

Don Youngdahl
TCAAP Trails Coordinator

(Continued from page 1) Year 2002 Recap

MinnesotaMTB.com - Launched this year, this web site has as its goal, to be the definitive source for mountain bike information in Minnesota.

Associate Members - MORC has taken its first real steps to reach out to the other bike clubs in the state with its new associate member program.

In February, Tim Wegner, the Southern MN IMBA rep and I formed a partnership, and purchased a 42-inch wide Toro Dingo - like a Bobcat skid-steer, but small enough to walk behind - to use for singletrack trail construction. The Dingo has a hydraulic blade in the front, and a bucket attachment as well. Tim and I have invested about \$25,000 in the equipment and accessories and we're leasing the Dingo to Dakota County for construction of their new hiking, ski, and horse trails. MORC, however, is the primary user and has made extensive use of the equipment throughout the summer. We've built several miles of new singletrack on land that we previously would have considered too steep and unbuildable. With one skilled operator (Tim), the Dingo can replace the backbreaking dirt-moving work of about 15 people. Your donations to MORC make this trail construction possible, and you can view Tim's trail artistry at Battle Creek (St. Paul) and Lebanon Hills (Eagan). Dingo trail construction will be extended to several other trail systems next year. With over 130 hours of Dingo work this summer, we've collected just enough to make the loan payments through the winter, and that's really good news for us (and especially for our wives). Interesting Dingo facts: #1: Mike Riter, who is the head of Southern Off Road Biking Assn in Georgia, and who designed the US Olympic mountain bike course, indicated that SORBA just purchased it's 3rd Dingo this summer. They only build trails with a Dingo now. Exclusively hand-building trails is way too labor intensive and won't allow them to build where they need to go. #2: A local motorcycle group, Twin Cities Trail Riders, received a grant from the DNR to purchase 2 Dingos, multiple attachments, and trailers. MORC members will be helping them learn the intricacies of trail building, and in return we hope to have access to their equipment for major projects and when we need multiple machines. #3 The multiple-machine need may occur as early as next June, if the keepers of the Chequamegon National Forest accept our proposal for reconstruction of the 18-mile Rock Lake Trail.

Socks - MORC has new socks. They are custom designed with the MORC logo and the "Gaining and Maintaining Trails" message. Very cool. Renew your membership and get a free pair.

In August, MORC once again provided volunteer staffing for the 24 Hours of Afton endurance race. MORC is the primary beneficiary for the event proceeds, and this has become a large and very important part of MORC's fundraising each year. Thanks to all of you that volunteered your time, and to the 222 of you that participated.

Spring Cup at Buck - Late this year, MORC signed an agreement with Erik's Bike Shops, to become the event's co-promoter. This should be another great venue for promoting MORC and for raising funds for trail development.

REI Trail Day - We worked with REI to coordinate over 50 volunteers on a Saturday in June. In spite of the 3 inches of rain that fell the previous days, we finished the construction of, and opened a new 0.9 mile beginner-level trail loop at Lebanon Hills. This has turned into a great ride for kids and adults new to mountain biking, and also works well for a warm-up or cool-down lap for the true hammerheads.

Trail Restoration - MORC restored and re-vegetated eroded trails at Battle Creek and Lebanon Hills. The land managers are amazed and delighted when mountain bikers show that they are so responsible that they will devote their time and energy to closing and restoring trails that have proven to be an erosion and maintenance nightmare for the land manager. We are making friends in high places.

Trail Tours - MORC directors and volunteers have given many formal and informal tours of trail systems to both highlight problem areas, and to showcase the sustainable trails MORC has built. Various city and county officials, DNR and MN State Parks staff, have all been enlightened to the mountain bike way of thinking this past year.

Lebanon Hills - A full lap, including the new (so new its not even opened yet) double black diamond expert loop, is now over 7 miles, and still growing. Planed and approved for next year, are rock drops, lengthwise log rides, tee-totters, rock gardens, and North Shore-type elevated bridges narrow enough to induce significant puckering. Join us in the Spring to help complete this newest trail. June 1st is the expected opening day - unless you help and we can open it earlier!

Volunteers - This was another year in which MORC increased its base of happy, enthusiastic trail work volunteers.

(Continued on page 8)

**Minnesota Off-Road
Cyclists-MORC**

1905 Woods Lane
Burnsville, MN 55337

**www.morcmtb.org
www.MinnesotaMTB.com**

(Continued from page 7) Year 2002 Recap

In each trail system where MORC works, the trail bosses have expanded the core group of people that have made a commitment to working often on the trails that they ride the most. Each week throughout the summer, we built a bigger base of mountain bikers that were trained how to build and maintain sustainable trails

MORC's new President, Steve Garnjobst, will update you on MORC's many new plans for the future, in another article in this newsletter.

Within hours, I'm off to participate on MORC's first board retreat and strategic planning session. I know that we have a very dedicated and enthusiastic new board, and that they will do their best to accomplish MORC's mission of "Gaining and Maintaining Trails".

And please remember:

Next spring, it is expected that the metro area trails will be closed for a couple weeks in April, during the time that the frost comes out of the ground. PLEASE respect these temporary trail closures and do a few road rides instead. So many volunteers worked so many hours to build the trails you enjoy so much. Just a single rider sinking inches deep into the mud as the trail thaws, causes needless erosion and channels runoff water that can destroy the trail bed. Ride smart, and ride often.

See you on the trails.

Dale Gundberg

MORC Treasurer (and now former President)

dgundberg@energyalternative.com